

BALLET BOOTCAMP

Session 2: July 31st - August 4th

The Dance Academy of North Jersey
770 Route 15 South, Lake Hopatcong, NJ
www.balletbootcamp.us

Monday, July 31, 2017

9 & Under (Green Room)

- 10:00-11:00 Warmup/Stretch w/ Jordan Norton
- 11:00-12:30 Ballet Placement / Kelly Burke-Fitzpatrick
- 12:30-1:30 LUNCH

10 - 13 (Start in Blue Room)

- 10:00-11:30 Ballet Placement w/ Christina Dooling **(Blue Room until Center)**
- 11:30-12:30 Pilates w/ Alana Isiguen **(Move to Orange Room)**
- 12:30-1:30 LUNCH

14 & Over (Start in Orange Room)

- 10:00-11:00 Pilates w/ Alana Isiguen **(Orange Room)**
- 11:00-12:30 Ballet Placement w/ Hannah Zin **(Move to Blue Room)**
- 12:30-1:30 LUNCH

***** Class Placement will be posted during Lunch *****

Level 1 (Upstairs)

- 1:30-3:00 Jazz w/ Jordan Norton
- 3:00-4:00 Acro w/ Jessica Longo

Level 2 (Green Room)

- 1:30-3:00 Ballet w/ Alana Isiguen
- 3:00-4:00 Contemporary w/ Jordan Norton (or 3A pointe with Hannah Zin)

Level 3A (Back Room)

- 1:30-3:00 Ballet w/ Hannah Zin
- 3:00-4:00 Pointe & Pre-Pointe w/ Hannah Zin

Level 3B (Orange Room)

- 1:30-3:00 Ballet w/ Christina Dooling
- 3:00-4:00 Pointe/Contemporary Ballet w/ Christina Dooling

Level 4 (Blue Room)

- 1:30-3:00 Ballet w/ Kelly Burke-Fitzpatrick
- 3:00-4:00 Pointe w/ Kelly Burke-Fitzpatrick

Tuesday, August 1, 2017

Level 1 (Upstairs)

- 10:00-11:30 Ballet w/ Sharon Hockstein
- 11:30-12:30 Jazz w/ Christina Dooling
- 12:30-1:30 LUNCH
- 1:30-3:00 Technique/Jazz w/ Jordan Norton

Level 2 (Green Room)

- 10:00-11:30 Stretch w/ Jordan Norton
- 11:30-1:00 Ballet w/ Sharon Hockstein
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelly Burke-Fitzpatrick
- 3:30-4:30 Pointe & Pre-Pointe w/ Kelly Burke-Fitzpatrick

Level 3A (Back Room)

- 10:00-11:30 Pilates w/ Alana Isiguen
- 11:30-1:00 Ballet w/ Kelly Burke-Fitzpatrick
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Sharon Hockstein
- 3:30-4:30 Pointe w/ Sharon Hockstein

Level 3B (Orange Room)

- 10:00-11:30 Ballet w/ Kelly Burke-Fitzpatrick
- 11:30-1:00 Pilates w/ Alana Isiguen (**Blue Room**)
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Christina Dooling
- 3:30-4:30 Contemporary w/ Christina Dooling

Level 4 (Blue Room)

- 10:00-11:30 Ballet w/ Christina Dooling
- 11:30-1:00 Pilates w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Pointe w/ Alana Isiguen

Wednesday, August 2, 2017

Level 1 (Upstairs)

- 10:00-11:30 Ballet w/ Brandon Cournay
- 11:30-12:30 Stretch w/ Jordan Norton
- 12:30-1:30 LUNCH
- 1:30-3:00 Jazz w/ Jessica Longo

Level 2 (Green Room)

- 10:00-11:30 Pilates w/ Alana Isiguen
- 11:30-1:00 Ballet w/ Hannah Zin
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jordan Norton
- 3:30-4:30 Modern w/ Hannah Zin

Level 3A (Back Room)

- 10:00-11:30 Stretch and Strength w/ Jessica Longo
- 11:30-1:00 Ballet w/ Kelly Burke-Fitzpatrick
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Hannah Zin
- 3:30-4:30 Jazz w/ Jessica Longo (or pointe w/ Kelly Burke-Fitzpatrick)

Level 3B (Orange Room)

- 10:00-11:30 Ballet w/ Hannah Zin
- 11:30-1:00 Contemporary/Modern w/ Brandon Cournay
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelly Burke-Fitzpatrick
- 3:30-4:30 Pointe w/ Kelly Burke-Fitzpatrick

Level 4 (Blue Room)

- 10:00-11:30 Ballet w/ Kelly Burke-Fitzpatrick
- 11:30-1:00 Pilates w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Brandon Cournay
- 3:30-4:30 Contemporary w/ Brandon Cournay

Thursday, August 3, 2017

Level 1 (Upstairs)

- 10:00-11:30 Ballet w/ Alana Isiguen
- 11:30-12:30 Stretch w/ Logan Epstein
- 12:30-1:30 LUNCH
- 1:30-3:00 Lyrical w/ Christina Dooling

Level 2 (Green Room)

- 10:00-11:30 Ballet w/ Christina Dooling
- 11:30-1:00 Leap & Turn w/ Jessica Longo
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Logan Epstein
- 3:30-4:30 Contemporary w/ Logan Epstein

Level 3A (Back Room)

- 10:00-12:00 Ballet w/ Daniel Catanach (**Blue Room**)
- 12:00-1:00 Pilates/Anatomy w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/Sharon Hockstein
- 3:30-4:30 Musical Theater w/ Christina Dooling

Level 3B (Orange Room)

- 10:00-12:00 Ballet w/ Daniel Catanach (**Blue Room**)
- 12:00-1:00 Pilates/Anatomy w/ Alana Isiguen (combined)
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Pointe w/ Alana Isiguen

Level 4 (Blue Room)

- 10:00-11:30 Ballet w/ Sharon Hockstein
- 11:30-1:00 Phantom Rep (Pointe) w/ Christina Dooling
- 1:00-2:00 LUNCH
- 2:00-4:00 Ballet w/ Daniel Catanach

Friday, August 4, 2017

Level 1 (Upstairs)

- 10:00-11:30 Ballet w/ Kathleen Arcieri
- 11:30-12:30 Stretch w/ Jessica Longo
- 12:30-1:30 LUNCH
- 1:30-3:00 Musical Theater w/ Jessica Longo

Level 2 (Green Room)

- 10:00-11:30 Stretch & Strength w/ Jessica Longo
- 11:30-1:00 Ballet w/ Terk Waters
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kathleen Arcieri
- 3:30-4:30 Pilates/Anatomy w/ Alana Isiguen

Level 3A (Back Room)

- 10:00-11:30 Stretch & Strength w/ Grace Buckley
- 11:30-1:00 Ballet w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Contemporary w/ Grace Buckley
- 3:30-4:30 Pointe w/ Grace Buckley

Level 3B (Orange Room)

- 10:00-11:30 Stretch & Strength w/ Grace Buckley **(Blue Room)**
- 11:30-1:00 Ballet w/ Alana Isiguen **(Blue Room)**
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Terk Waters
- 3:30-4:30 Complexions Rep w/ Terk Waters **(Blue Room)**

Level 4 (Blue Room)

- 10:00-11:30 Pilates/Anatomy w/ Alana Isiguen
- 11:30-1:00 Ballet w/ Grace Buckley
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Complexions Rep w/ Terk Waters

******* Q&A DURING LUNCH FROM 1:00 - 2:00 *******
ALANA, GRACE, TERK