

BALLET BOOTCAMP

Session 1: July 3rd - 8th

www.balletbootcamp.us

Monday, July 3, 2017

9 & Under

- 10:00-11:00 Warmup w/ Brandon Cournay
- 11:00-12:30 Ballet Placement / Lynne Grossman
- 12:30-1:30 LUNCH
- 1:30-3:00 Jazz w/ Jessica Longo
- 3:00-4:00 Acro w/ Jessica Longo

10 - 13

- 10:00-11:30 Ballet Placement w/ Terk Waters
- 11:30-12:30 Conditioning w/ Elizabeth Heidari
- 12:30-1:30 LUNCH

14 & Over

- 10:00-11:00 Conditioning w/ Elizabeth Heidari
- 11:00-12:30 Ballet Placement w/ Brandon Cournay
- 12:30-1:30 LUNCH

***** Class Placement will be posted during Lunch *****

Level 1

- 1:30-3:00 Ballet w/ Kathleen Arcieri
- 3:00-4:00 Contemporary Ballet w/ Brandon Cournay

Level 2

- 1:30-3:00 Ballet w/ Brandon Cournay
- 3:00-4:00 Pointe & Pre-Pointe w/ Kathleen Arcieri

Level 3

- 1:30-3:00 Ballet w/ Lynne Grossman
- 3:00-4:00 Pointe w/Lynne Grossman

Level 4

- 1:30-3:00 Ballet w/ Terk Waters
- 3:00-4:00 Pointe/Contemporary Ballet w/ Terk Waters

July 4th, 2017 **DAY OFF**** ENJOY THE FIREWORKS**

Wednesday, July 5, 2017

9 & Under

- 10:00-11:30 Ballet w/ Jordan Norton
- 11:30-12:30 Stretch w/ Kathleen Arcieri
- 12:30-1:30 LUNCH
- 1:30-3:00 Technique/Jazz w/ Melissa Rossi

Level 1

- 10:00-11:30 Strength & Stretch w/ Melissa Rossi
- 11:30-1:00 Ballet w/ Sharon Hockstein
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet Variations w/ Kathleen Arcieri
- 3:30-4:30 Pointe & Pre-Pointe w/ Kathleen Arcieri

Level 2

- 10:00-11:30 Strength & Stretch w/ Melissa Rossi
- 11:30-1:00 Ballet w/ Kelby Brown
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jordan Norton
- 3:30-4:30 Improvisation w/ Jordan Norton

Level 3

- 10:00-11:30 Ballet w/ Sharon Hockstein
- 11:30-1:00 Strength & Stretch w/ Melissa Rossi
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelby Brown
- 3:30-4:30 Pointe w/ Kelby Brown

Level 4

- 10:00-11:30 Ballet w/ Kelby Brown
- 11:30-1:00 Strength & Stretch w/ Melissa Rossi
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Sharon Hockstein
- 3:30-4:30 Pointe w/ Sharon Hockstein

Thursday, July 6, 2017

9 & Under

- 10:00-11:30 Ballet w/ Kelby Brown
- 11:30-12:30 Stretch w/ Jessica Longo
- 12:30-1:30 LUNCH
- 1:30-3:00 Jazz w/ Jordan Norton

Level 1

- 10:00-11:30 Stretch and Strength w/ Jordan Norton
- 11:30-1:00 Ballet w/ Barton Cowperthwaite
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Sharon Hockstein
- 3:30-4:30 Contemporary/Modern w/ Jaclyn Walsh

Level 2

- 10:00-11:30 Stretch and Strength w/ Elizabeth Heidari
- 11:30-1:00 Ballet w/ Sharon Hockstein
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jaclyn Walsh
- 3:30-4:30 Musical Theater w/ Jessica Longo

Level 3

- 10:00-11:30 Ballet w/ Barton Cowperthwaite
- 11:30-1:00 Contemporary/Modern w/ Jaclyn Walsh
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelby Brown
- 3:30-4:30 Celine Rep Class w/ Kelby Brown

Level 4

- 10:00-11:30 Ballet w/ Jaclyn Walsh
- 11:30-1:00 Conditioning w/ Elizabeth Heidari
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Barton Cowperthwaite
- 3:30-4:30 Celine Rep Class w/ Kelby Brown

******* Q&A DURING LUNCH FROM 1:00 - 2:00 *******

JACLYN, KELBY, SHARON, BARTON, JESSICA, JORDAN and JASON

******* MEN'S CLASS WITH KELBY BROWN FROM 11:30 – 1:00 *******

Friday, July 7, 2017

9 & Under

- 10:00-11:30 Ballet w/ Jourdan Epstein
- 11:30-12:30 Stretch w/ Melissa Rossi
- 12:30-1:30 LUNCH
- 1:30-3:00 Lyrical w/ Jessica Longo

Level 1

- 10:00-11:30 Stretch/Technique w/ Melissa Rossi
- 11:30-1:00 Contemporary Ballet w/ Jaclyn Walsh
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jourdan Epstein
- 3:30-4:30 Technique/Dance Party w/ Jessica Longo

Level 2

- 10:00-11:30 Stretch and Strength w/ Jessica Longo
- 11:30-1:00 Ballet w/ Chris Hale
- 1:00-2:00 LUNCH
- 2:00-3:30 Jazz w/ Melissa Rossi
- 3:30-4:30 Contemporary/Modern w/ Jaclyn Walsh

Level 3

- 10:00-11:30 Ballet w/ Jaclyn Walsh
- 11:30-1:00 Contemporary Ballet w/ Jourdan Epstein
- 1:00-2:00 LUNCH
- 2:00-4:00 Ballet w/ Chris Hale

Level 4

- 10:00-11:30 Ballet w/ Chris Hale
- 11:30-1:00 Contemporary Ballet w/ Jourdan Epstein
- 1:00-2:00 LUNCH
- 2:00-3:30 Contemporary/Modern w/ Jaclyn Walsh
- 3:30-4:30 Open w/ Jason Luks

Saturday, July 8, 2017

9 & Under

- 10:00-11:30 Ballet w/ Jessica Longo
- 11:30-12:30 Stretch w/ Katie Kozul
- 12:30-1:30 LUNCH
- 1:30-3:00 Technique w/ Jason Luks

Level 1

- 10:00-11:30 Stretch/Technique w/ Chris Hale
- 11:30-1:00 Ballet w/ Kelby Brown
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jessica Longo
- 3:30-4:30 Contemporary Ballet w/ Katie Kozul

Level 2

- 10:00-11:30 Stretch/Technique w/ Chris Hale
- 11:30-1:00 Ballet w/ Lynne Grossman
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Katie Kozul
- 3:30-4:30 Jazz w/ Jessica Longo

Level 3

- 10:00-11:30 Ballet w/ Kelby Brown
- 11:30-1:00 Stretch/Technique w/ Chris Hale
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Lynne Grossman
- 3:30-4:30 Pointe w/ Lynne Grossman

Level 4

- 10:00-11:30 Ballet w/ Katie Kozul
- 11:30-1:00 Stretch/Technique w/ Chris Hale
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelby Brown
- 3:30-4:30 Celine Rep w/ Kelby Brown

BALLET BOOTCAMP

Session 2: July 31st - August 4th

www.balletbootcamp.us

Monday, July 31, 2017

9 & Under

- 10:00-11:00 Warmup/Stretch w/ Jordan Norton
- 11:00-12:30 Ballet Placement / Kelly Burke-Fitzpatrick
- 12:30-1:30 LUNCH
- 1:30-3:00 Jazz w/ Jordan Norton
- 3:00-4:00 Acro w/ Jessica Longo

10 - 13

- 10:00-11:30 Ballet Placement w/ Christina Dooling
- 11:30-12:30 Pilates w/ Alana Isiguen
- 12:30-1:30 LUNCH

14 & Over

- 10:00-11:00 Pilates w/ Alana Isiguen
- 11:00-12:30 Ballet Placement w/ Amber Perkins
- 12:30-1:30 LUNCH

***** Class Placement will be posted during Lunch *****

Level 1

- 1:30-3:00 Ballet w/ Alana Isiguen
- 3:00-4:00 Contemporary w/ Jordan Norton

Level 2

- 1:30-3:00 Ballet w/ Amber Perkins
- 3:00-4:00 Pointe & Pre-Pointe w/ Amber Perkins

Level 3

- 1:30-3:00 Ballet w/ Christina Dooling
- 3:00-4:00 Pointe/Contemporary Ballet w/ Christina Dooling

Level 4

- 1:30-3:00 Ballet w/ Kelly Burke-Fitzpatrick
- 3:00-4:00 Pointe w/ Kelly Burke-Fitzpatrick

Tuesday, August 1, 2017

9 & Under

- 10:00-11:30 Ballet w/ Sharon Hockstein
- 11:30-12:30 Jazz w/ Christina Dooling
- 12:30-1:30 LUNCH
- 1:30-3:00 Technique/Jazz w/ Jordan Norton

Level 1

- 10:00-11:30 Stretch w/ Jordan Norton
- 11:30-1:00 Ballet w/ Sharon Hockstein
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelly Burke-Fitzpatrick
- 3:30-4:30 Pointe & Pre-Pointe w/ Kelly Burke-Fitzpatrick

Level 2

- 10:00-11:30 Pilates w/ Alana Isiguen
- 11:30-1:00 Ballet w/ Kelly Burke-Fitzpatrick
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Sharon Hockstein
- 3:30-4:30 Pointe w/ Sharon Hockstein

Level 3

- 10:00-11:30 Ballet w/ Kelly Burke-Fitzpatrick
- 11:30-1:00 Pilates w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Christina Dooling
- 3:30-4:30 Contemporary w/ Christina Dooling

Level 4

- 10:00-11:30 Ballet w/ Christina Dooling
- 11:30-1:00 Pilates w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Pointe w/ Alana Isiguen

Wednesday, August 2, 2017

9 & Under

- 10:00-11:30 Ballet w/ Brandon Cournay
- 11:30-12:30 Stretch w/ Jordan Norton
- 12:30-1:30 LUNCH
- 1:30-3:00 Jazz w/ Jessica Longo

Level 1

- 10:00-11:30 Pilates w/ Jordan Norton
- 11:30-1:00 Ballet w/ Amber Perkins
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Jordan Norton
- 3:30-4:30 Contemporary/Modern w/ Brandon Cournay

Level 2

- 10:00-11:30 Stretch and Strength w/ Jessica Longo
- 11:30-1:00 Ballet w/ Kelly Burke-Fitzpatrick
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Brandon Cournay
- 3:30-4:30 Jazz w/ Jessica Longo

Level 3

- 10:00-11:30 Ballet w/ Amber Perkins
- 11:30-1:00 Contemporary/Modern w/ Brandon Cournay
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kelly Burke-Fitzpatrick
- 3:30-4:30 Pointe w/ Kelly Burke-Fitzpatrick

Level 4

- 10:00-11:30 Ballet w/ Kelly Burke-Fitzpatrick
- 11:30-1:00 Pilates w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Amber Perkins
- 3:30-4:30 Modern/Partnering w/ Amber Perkins

******* Q&A DURING LUNCH FROM 1:00 - 2:00 *****
ALANA, AMBER, BRANDON, KELLY, and JASON**

Thursday, August 3, 2017

9 & Under

- 10:00-11:30 Ballet w/ Alana Isiguen
- 11:30-12:30 Stretch w/ Logan Epstein
- 12:30-1:30 LUNCH
- 1:30-3:00 Lyrical w/ Christina Dooling

Level 1

- 10:00-11:30 Ballet w/ Christina Dooling
- 11:30-1:00 Leap & Turn w/ Jessica Longo
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Logan Epstein
- 3:30-4:30 Contemporary w/ Logan Epstein

Level 2

- 10:00-12:00 Ballet w/ Daniel Catanach
- 12:00-1:00 Pilates/Anatomy w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/Sharon Hockstein
- 3:30-4:30 Musical Theater w/ Christina Dooling

Level 3

- 10:00-12:00 Ballet w/ Daniel Catanach
- 12:00-1:00 Pilates/Anatomy w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Pointe w/ Alana Isiguen

Level 4

- 10:00-11:30 Ballet w/ Sharon Hockstein
- 11:30-1:00 Phantom Rep (Pointe) w/ Christina Dooling
- 1:00-2:00 LUNCH
- 2:00-4:00 Ballet w/ Daniel Catanach

Friday, August 4, 2017

9 & Under

- 10:00-11:30 Ballet w/ Kathleen Arcieri
- 11:30-12:30 Stretch w/ Jessica Longo
- 12:30-1:30 LUNCH
- 1:30-3:00 Musical Theater w/ Jason Luks

Level 1

- 10:00-11:30 Ballet w/ Grace Buckley
- 11:30-1:00 Ballet w/ Terk Waters
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Kathleen Arcieri
- 3:30-4:30 Pilates/Anatomy w/ Alana Isiguen

Level 2

- 10:00-11:00 Stretch & Strength w/ Jessica Longo
- 11:00-1:00 Ballet w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Contemporary w/ Grace Buckley
- 3:30-4:30 Musical Theater w/ Jason Luks

Level 3

- 10:00-11:00 Stretch & Strength w/ Jessica Longo
- 11:00-1:00 Ballet w/ Alana Isiguen
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Terk Waters
- 3:30-4:30 Complexions Rep w/ Terk Waters

Level 4

- 10:00-11:30 Pilates/Anatomy w/ Alana Isiguen
- 11:30-1:00 Ballet w/ Grace Buckley
- 1:00-2:00 LUNCH
- 2:00-3:30 Ballet w/ Alana Isiguen
- 3:30-4:30 Complexions Rep w/ Terk Waters