June Subscription Schedule Ages 13 & Over

- Mondays
 - o 6:00-7:00pm: Musical Theater with Jess LeProtto
- Tuesdays
 - o 3:00-5:00pm: Body Alignment & Cuban Flare with Jen Savelli
- Wednesdays
 - o 4:15-5:30pm: Ballet
 - Week 1, June 17: Michael Waldrop
 - Week 2, June 24: David Prottas
 - Week 3, July 1: Kelby Brown
 - 5:45-6:45pm: Stretch and Strengthen -- Yoga, Pilates, HIIT Training (High Intensity Interval Training) with Alana Isiguen
 - Family members are welcome/encouraged to join in for Alana's classes!
- Thursdays (outdoors at LH Parking Lot if possible)
 - o 5:00-6:30pm: Contemporary/Modern with Jaclyn Walsh
 - o 6:45-7:45pm: Tap with Jason Luks: Tap (tap levels A & B)